

## SOCIAL MEDIA GUIDELINES:

Lady Zebra Basketball recognizes and supports its student-athletes' rights and freedom of speech, expression, and association, including the use of online social networks. Any online postings must therefore be consistent with federal and state laws, team rules, and school policies (including the guidelines below).

### *GUIDELINES:*

If you participate on a social networking site or use social media, you must keep the following guidelines in mind:

- Everything you post is public information- any text or photo placed online is completely out of your control the moment it is placed online- even if you limit access to your site. Information (including pictures, videos, comments, and posts) may be accessible even after you remove it.
- What you post may affect your future. Many employers and college admissions offices review social networking sites as part of their overall evaluation of an applicant. Carefully consider how you want people to perceive you before you give them a chance to misinterpret your information (including pictures, videos, comments, and posts).
- Similar to comments made in person, Lady Zebra Basketball will not tolerate disrespectful comments and behavior online, such as:

Derogatory language or remarks that may harm teammates, coaches, other student-athletes, opponents, or representatives of other schools.

Incriminating photos or statements depicting violence, hazing sexual harassment, full or partial nudity, inappropriate gestures, vandalism, stalking underage drinking, selling possessing, or using controlled substances.

Creating a serious danger to the safety of another person or making credible threat of serious physical or emotional injury to another person.

Indicating knowledge of an unreported school or team violation regardless if the violation was intentional or unintentional.

In short, do not have a false sense of security about your rights to freedom of speech. Understand that freedom of speech is not unlimited. The online social network sites are NOT a Place where you can say and do whatever you want without repercussions. The information You post on a social networking site is considered public information. Protect yourself by maintaining a self-image of which you can be proud of for years to come.